



## Athletics Results

### Medals Tables

Event	Medal	Men	Women
100m	Gold	Steve Spires (Open Athletics)	Georgia Tsakiri (Unassociated)
	Silver	Phil Facey (Open Athletics)	
	Bronze	Fran Furhmann-Darcia	
200m	Gold	Steve Spires (Open Athletics)	Rachel Kenyon (Coop Manchester)
	Silver	Phil Facey (Open Athletics)	Georgia Tsakiri (Unassociated)
	Bronze	Fran Furhmann-Darcia	
400m	Gold	Phil Facey (Open Athletics)	
	Silver	Steve Spires (Open Athletics)	
	Bronze	Brian Mullan (Unassociated)	
400m hurdles	Gold	Steve Spires (Open Athletics)	
	Silver	Brian Mullan (Unassociated)	
	Bronze	Graham Kennedy (London Frontrunners)	
800m	Gold	Brian Mullan (Unassociated)	
	Silver	Fergus Kinnon (Unassociated)	
	Bronze	Wayne Sharples (Open Athletics)	
1500m	Gold	Phil Facey (Open Athletics)	
	Silver	Brian Mullan (Unassociated)	
	Bronze	Wayne Sharples (Open Athletics)	
3000m	Gold	Phil Facey (Open Athletics)	Anna Verges (Open Athletics)
	Silver	Graham Kennedy (London Frontrunners)	
	Bronze	Martin Toal (Manchester Frontrunners)	
4x100m	Gold	Ian Glassy (Unassociated) Martin Toal (Manchester Frontrunners) Michael Owen (Unassociated) Steve Spires (Open Athletics)	



	Silver	Anna Verges (Open Athletics) David Suggett (Open Athletics) Harry Mantle Phil Facey (Open Athletics)	
	Bronze	Fergus Kinnon (Unassociated) Paul Goes (Dutch LGA) Steve Flowers (Unassociated) Wayne Sharples (Open Athletics)	
Javelin	Gold	Jin-Chang Huang (Open Athletics)	Hazel Lythgoe (Unassociated)
	Silver	Mike Dalgarno (Unassociated)	Anna Verges (Open Athletics)
	Bronze	Steve Spires (Open Athletics)	Georgia Taskiri (Unassociated)
Discus	Gold	Phil Facey (Open Athletics)	Hazel Lythgoe (Unassociated)
	Silver	Mike Dalgarno (Unassociated)	Georgia Taskiri (Unassociated)
	Bronze	Steve Spires (Open Athletics)	
Hammer	Gold	Steve Spires (Open Athletics)	Hazel Lythgoe (Unassociated)
	Silver	Jin-Chang Huang (Open Athletics)	Georgia Taskiri (Unassociated)
	Bronze	Phil Facey (Open Athletics)	
Shot putt	Gold	Phil Facey (Open Athletics)	Hazel Lythgoe (Unassociated)
	Silver	Steve Flowers (Unassociated)	Georgia Taskiri (Unassociated)
	Bronze	Jin-Chang Huang (Open Athletics)	
Long jump	Gold	Mike Dalgarno (Unassociated)	Rachel Kenyon (Coop Manchester)
	Silver	Steve Spires (Open Athletics)	Georgia Tsakiri (Unassociated)
	Bronze	Jin-Chang Huang (Open Athletics)	Hazel Lythgoe (Unassociated)
Triple jump	Gold	Steve Spires (Open Athletics)	Rachel Kenyon (Coop Manchester)
	Silver	Michael Dalgarno (Unassociated)	Hazel Lythgoe (Unassociated)
	Bronze	Jin-Chang Huang (Open Athletics)	
High jump	Gold	Jin-Chang Huang (Open Athletics)	Rachel Kenyon (Coop Manchester)
	Silver	Steve Spires (Open Athletics)	Hazel Lythgoe (Unassociated)
	Bronze	Brian Mullan (Unassociated)	Georgia Tsakiri (Unassociated)



## All entrant results

## 100m

## MENS

Place	Name	Club	Time
1	Steve Spires	Open Athletics	13.54s
2	Phil Facey	Open Athletics	13.86s
3	Fran Fuhmann-Darcia		14.30s
4	Harry Mantle		14.54s
5	Michael Dalgarno	Unassociated	14.67s
6	Jin-Chang Huang	Open Athletics	15.01s
7	Graham Kennedy	London Frontrunners	15.51s
8	Ian Glassey	Unassociated	15.70s
9	Michael Owen	Unassociated	16.36s
10	Steve Flowers	Unassociated	16.61s
11	Fergus Kinnon	Unassociated	16.42s

## WOMENS

Place	Name	Club	Time
1	Georgia Tsakiri	Unassociated	19.07s

## 200m

## MENS

Place	Name	Club	Time
1	Steve Spires	Open Athletics	27.20s
2	Phil Facey	Open Athletics	28.69s
3	Fran Fuhmann-Darcia		29.86s
4	Harry Mantle		30.09s
5	Brian Mullan	Unassociated	30.29s
6	Martin Toal	Manchester Frontrunners	32.29s
7	Jin-Chang Huang	Open Athletics	33.22s

## WOMENS

Place	Name	Club	Time
1	Rachel Kenyon	Coop Manchester	37.89s
2	Georgia Tsakiri	Unassociated	41.26s

## 400m

## MENS

Place	Name	Club	Time
1	Phil Facey	Open Athletics	1m07s
2	Steve Spires	Open Athletics	1m08s
3	Brian Mullan	Unassociated	1m09s
4	Harry Mantle		1m12s
5	Graham Kennedy	London Frontrunners	1m18s
6	Michael Owen	Unassociated	1m20s
7	Ian Glassey	Unassociated	1m26s
8	Jin-Chang Huang	Open Athletics	1m29s

## 400m hurdles

## MENS

Place	Name	Club	Time
1	Steve Spires	Open Athletics	1m14s
2	Brian Mullan	Unassociated	1m16s
3	Graham Kennedy	London Frontrunners	1m20s
4	Mike Dalgarno	Unassociated	1m22s
5	Ian Glassey	Unassociated	1m26s



## 800m

### MENS

Place	Name	Club	Time
1	Brian Mullan	Unassociated	2m37s
2	Fergus Kinnon	Unassociated	2m40s
3	Wayne Sharples	Open Athletics	2m08s
4	Phil Facey	Open Athletics	2m55s
5	Graham Kennedy	London Frontrunners	2m30s

## 1500m

### MENS

Place	Name	Club	Time
1	Phil Facey	Open Athletics	5m07s
2	Brian Mullan	Unassociated	5m10s
3	Wayne Sharples	Open Athletics	5m12s
4	Graham Kennedy	London Frontrunners	5m32s
5	Fergus Kinnon	Unassociated	5m44s
6	Martin Toal	Manchester Frontrunners	5m47s
7	Mike Dalgarno	Unassociated	6m02s
8	Ian Glassey	Unassociated	6m09s
9	Michael Owen	Unassociated	6m14s

## 3000m

### MENS

Place	Name	Club	Time
1	Phil Facey	Open Athletics	12m17s
2	Graham Kennedy	London Frontrunners	12m23s
3	Martin Toal	Manchester Frontrunners	12m39s
4	Wayne Sharples	Open Athletics	12m41s
5	Paul Goes	Dutch LGA	13m22s

### WOMENS

Place	Name	Club	Time
1	Anna Verges	Open Athletics	11m33s

## 4x100m

Place	Name	Club	Time
1	Ian Glassey	Unassociated	56.98s
	Martin Toal	Manchester Frontrunners	
	Michael Owen	Unassociated	
	Steve Spires	Open Athletics	
2	Anna Verges	Open Athletics	59.20s
	David Suggett	Open Athletics	
	Harry Mantle	Open Athletics	
3	Phil Facey	Unassociated	1m1.39s
	Fergus Kinnon	Unassociated	
	Paul Goes	Dutch LGA	
	Steve Flowers	Unassociated	
4	Wayne Sharples	Open Athletics	1m1.82s
	Peter Brown	Unassociated	
	Brian Mullen	Unassociated	
	Michael Dalgarno	Unassociated	
	Fran Fuhmann-Darcia		



## Javelin

### MENS

Place	Name	Club	1 <sup>st</sup> throw	2 <sup>nd</sup> throw	3 <sup>rd</sup> throw
1	Jin-Chang Huang	Open Athletics	26.40m		
2	Mike Dalgarno	Unassociated	23.94m		
3	Steve Spires	Open Athletics	23.24m		
4	Phil Facey	Open Athletics	17.41m	22.99m	
5	Michael Owen	Unassociated	18.54m		
6	Harry Mantle		18.17m		
7	Fran Fuhmann-Darcia		17.06m	16.42m	
8	Peter Brown		15.43m		
9	Brian Mullen	Unassociated	14.90m		
10	Graham Kennedy	London Frontrunners	12.32m		
11	Keith Bell		8.46m		

### WOMENS

Place	Name	Club	1 <sup>st</sup> throw	2 <sup>nd</sup> throw	3 <sup>rd</sup> throw
1	Hazel Lythgoe	Unassociated	27.93m		
2	Anna Verges	Open Athletics	16.67m		
3	Georgia Tsakiri	Unassociated	16.58m		

## Discus

### MENS

Place	Name	Club	1 <sup>st</sup> throw	2 <sup>nd</sup> throw	3 <sup>rd</sup> throw
1	Phil Facey	Open Athletics	15.52m	18.90m	
2	Michael Dalgarno	Unassociated	--	17.80m	
3	Steve Spires	Open Athletics	17.58m	--	
4	Stephen Flowers	Unassociated	--	15.95m	
5	Harry Mantle		13.23m	15.30m	
6	Peter Brown		10.58m	13.74m	
7	Fergus Kinnon	Unassociated	11.74m	12.99m	
8	Fran Fuhmann-Darcia		12.82m	12.96m	
9	Graham Kennedy	London Frontrunners	12.43m	12.74m	
10	Jin-Chang Huang	Open Athletics	12.26m	12.63m	
11	Brian Mullan	Unassociated	11.64m	--	
12	Keith Bell		9.19m	11.15m	
13	Michael Owen	Unassociated	10.16m	11.07m	
14	Martin Toal	Manchester Frontrunners	10.86m	--	

### WOMENS

Place	Name	Club	1 <sup>st</sup> throw	2 <sup>nd</sup> throw	3 <sup>rd</sup> throw
1	Hazel Lythgoe	Unassociated	18.95m	20.66m	
2	Georgia Tsakiri	Unassociated	12.64m	12.82m	

## Hammer

### MENS

Place	Name	Club	1 <sup>st</sup> throw	2 <sup>nd</sup> throw	3 <sup>rd</sup> throw
1	Steve Spires	Open Athletics	--	21.93m	24.72m
2	Phil Facey	Open Athletics	12.99m	18.13m	20.99m
3	Brian Mullen		18.96m	--	--
4	Martin Toal	Manchester Frontrunners	--	--	15.95m
5	Fran Fuhmann-Darcia		13.60m	15.88m	--
6	Steven Flowers	Unassociated	--	15.48m	15.47m
7	Peter Brown		15.15m	13.83m	--
8	Fergus Kinnon	Unassociated	8.88m	11.87m	14.16m
9	Michael Owen	Unassociated	11.06m	14.01m	
10	Harry Mantle		--	--	12.95m
11	Keith Bell		9.62m	8.15m	

### WOMENS

Place	Name	Club	1 <sup>st</sup> throw	2 <sup>nd</sup> throw	3 <sup>rd</sup> throw
1	Hazel Lythgoe	Unassociated	17.71m	--	18.22m
2	Georgia Tsakiri	Unassociated	10.36m	7.92m	6.45m



## Shot putt

### MENS

Place	Name	Club	1 <sup>st</sup> throw	2 <sup>nd</sup> throw	3 <sup>rd</sup> throw
1	Phil Facey	Open Athletics	7.48m	8.02m	
2	Steve Flewers	Unassociated	7.58m		
3	Jin-Chang Huang	Open Athletics	7.32m		
4	Steve Spires	Open Athletics	7.09m		
5	Peter Brown		6.82m		
6	Fran Furhmann-Darcia		6.47m	6.75m	
7	Harry Mantle		6.51m		
8	Brian Mullen	Unassociated	6.10m		
9	Martin Toal	Manchester Frontrunners	4.79m		
10	Michael Owen	Unassociated	4.70m		
11	Keith Bell		4.20m		

### WOMENS

Place	Name	Club	1 <sup>st</sup> throw	2 <sup>nd</sup> throw	3 <sup>rd</sup> throw
1	Hazel Lythgoe	Unassociated	9.74m		
2	Georgia Tsakiri	Unassociated	6.05m		

## Long jump

### MENS

Place	Name	Club	1 <sup>st</sup> jump	2 <sup>nd</sup> jump	3 <sup>rd</sup> jump
1	Mike Dalgarno		4.61m	4.94m	
2	Steve Spires	Open Athletics	4.60m	--	
3	Jin-Chang Huang	Open Athletics	4.00m	4.54m	
4	Fergus Kinnon	Unassociated	4.51m	4.53m	
5	Brian Mullan	Unassociated	4.37m	4.22m	
6	Phil Facey	Open Athletics	4.34m	3.20m	
7	Graham Kennedy	London Frontrunners	4.00m	4.01m	
8	Martin Toal	Manchester Frontrunners	3.96m	4.00m	
9	Ian Glassey	Unassociated	3.73m	3.73m	
10	Michael Owen	Unassociated	3.59m	3.15m	

### WOMENS

Place	Name	Club	1 <sup>st</sup> jump	2 <sup>nd</sup> jump	3 <sup>rd</sup> jump
1	Rachel Kenyon	Coop Manchester	3.20m	3.35m	
2	Georgia Tsakiri	Unassociated	2.72m	2.91m	
3	Hazel Lythgoe	Unassociated	2.55m	2.81m	

## Triple jump

### MENS

Place	Name	Club	1 <sup>st</sup> jump	2 <sup>nd</sup> jump	3 <sup>rd</sup> jump
1	Steve Spires	Open Athletics	9.89m	9.93m	
2	Michael Dalgarno	Unassociated	9.17m	9.16m	
3	Jin-Chang Huang	Open Athletics	8.27m	9.13m	
4	Michael Owen	Unassociated	8.12m	8.66m	
5	Phil Facey	Open Athletics	8.58m	8.27m	
6	Graham Kennedy	London Frontrunners	8.47m	8.45m	
7	Brian Mullan	Unassociated	--	8.44m	
8	Fergus Kinnon	Unassociated	8.02m	7.94m	

### WOMENS

Place	Name	Club	1 <sup>st</sup> jump	2 <sup>nd</sup> jump	3 <sup>rd</sup> jump
1	Rachel Kenyon	Coop Manchester	7.02m	7.59m	
2	Hazel Lythgoe	Unassociated	6.19m	6.21m	



## High jump

### MENS

Place	Name	Club	0.75m	1.00m	1.10m	1.20m	1.30m	1.40m	1.50m	1.60m
1	Jin-Chang Huang	Open Athletics							○	XX
2	Steve Spires	Open Athletics						○	XX	
3	Brian Mullan	Unassociated			○	○	○	XX		
3	Ian Glassey	Unassociated		○	○	○	XX			
4	Michael Owen	Unassociated			○	XO	XX			
5	Graham Kennedy	London Frontrunners		○	○	XX				
5	Martin Toal	Manchester Frontrunners			○	XX				
5	Fran Furhmann-Darcia				○	XX				

### WOMENS

Place	Name	Club	0.75m	1.00m	1.10m	1.20m	1.30m	1.40m	1.50m	1.60m
1	Rachel Kenyon	Coop Manchester	○	XO	XX					
2	Hazel Lythgoe	Unassociated	XO	○	XX					
3	Georgia Tsakiri	Unassociated			XX					

Event held on Saturday 13 September 2008 at Trafford Athletics Stadium  
in association with



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